



## TERMS AND CONDITIONS.

### PCM —

fees are per calendar month and based on a 48 week year. We have a 2 week summer and 2 week Christmas shutdown. During these months Payment is still due in full.

### Change of class —

Some classes have to be moved occasionally and times of classes can change. (Especially during school holidays and bank holidays.)

### Licence / Insurance —

All members must have a current (MAI) Marital arts Independent insurance before they train.

### Personal hygiene —

All students must maintain clean, short finger and toe nails at all times. Long, dirty nails can cause severe injuries. Long hair must be tied up or in a ponytail. All jewellery must be removed before each training session.

### Etiquette —

Correct etiquette must be shown at all times, both to your Sensei (Instructor) and your fellow students. Always be respectful, polite and arrive to training on time (no later than 10 minutes before a session). Turn mobile phones off or to silent. A clean, white Gi (Karate uniform) OR black uniform must be worn to each session. You must ensure it is in good condition at all times (no rips/ tears). Presentation is imperative.

### Misuse of Karate —

Under no circumstances is any student to use what they have learnt in class for malicious, unlawful or vindictive reasons. Whether you are inside or outside the Dojo (training hall), the skills you learn are purely for self-defence purposes only. Failure to abide by this rule will result in the termination of your membership and licence.

### Injuries —

It is the student's responsibility to ensure that he/ she is capable of undergoing the normal routine of exercises/ combative drills provided by the class. Not all exercises/ combative drills are suitable for everyone and any training class may result in injury. Members must accept the risk of injury from performing the normal routine of exercises/ combative drills. To reduce the risk, members should consult their GP before beginning any class.

#### Valuables —

No valuables must be brought to the classes, as we (MBMAA) cannot be held responsible for any loss or damage caused.

#### Payments & processes —

For all new students, there will be 3 taster sessions (£10\*) after which, if you wish to become a member, the rest of the month's payment must be made by cash/bank transfer in advance whilst your standing order is being processed. All months referred to are calendar months. Should you wish to change from training once a week, to unlimited training, or vice versa (cannot be changed on the shutdown months) then this can be done by contacting your bank. Should your standing order be refused by your bank for any reason, then any costs incurred by MBMAA will be payable by the student. The payment process must then be completed again. As you move up levels in training (I.e ninjas to juniors) the cost of training will increase.

All cheques should be made payable to Mike Bushell Martial Arts Academy. If you are unable to complete the standing order payment process, there is an option to make annual, bi-annual or monthly payments in cash/cheque (on the Sensei's discretion). Returned cheques will incur an admin charge of £10 per cheque.

#### Cancelled classes —

If in extreme circumstances Sensei cannot make a class (or there is an issue with the hall) and cover is not available you can make up your lesson in any MBMAA OR ISMAA class (if you wish and subject to space). No refund will be offered. During the current issue with regards to the Corona virus. If there is a local lockdown classes will be transferred over the online. (Zoom). Cost will remain the same.

#### Maximum Impact —

This is a high intensity activity with a high emphasis on heavy hitting for extended periods of time. Before attending this session you must be in good health and have the ok from your Doctor.

#### Physical contact —

Sometimes it is necessary to correct a move or a technique using physical contact; this is the best way to explain and help a student to avoid an injury. For example, touching the elbow to correct the angle during a punch exercise is imperative when learning the correct moves. Therefore, by becoming a member, you agree and authorise your instructor to correct your moves and to have appropriate physical contact. (All instructors are DBS Checked.)

#### Please note —

MBMAA has the right to terminate a student's membership at any time.

If you decide to leave then it is also your responsibility to cancel your standing order. No refund will be given for part months.

It is your responsibility to ensure all contact details and medical records are kept up

\*all prices are subject to change